

Parkside Medical Practice

Welcome to this issue of our Practice Newsletter. The newsletter is to provide patients with any news, information or forthcoming events. If you have any suggestions as to what you would like to see in your newsletter please inform Patient Engagement Lead Jane.

COVID-19

Firstly we would like to thank you all for your patience and understanding during this pandemic. We hope you are all safe and in the best of health.

Current government guidelines are that if you have any symptoms of Coronavirus (Covid-19) such as:

A high temperature, a new continuous cough, a loss or change to your sense of smell or taste – the advice is that you protect yourself and others by self isolating for 10 days then go to a local test centre and get the COVID-19 test and stay at home until you get the results.

Please do not go to your GP surgery, pharmacy or a hospital if you have any symptoms. Please contact the surgery if you are having any health concerns

STAY SAFE- WEAR A MASK- KEEP A SAFE SOCIAL DISTANCE

FLU CLINICS

This season it will be more important than ever to ensure you ring the practice and book an appointment for yourself to have the Flu Vaccination.

The flu vaccination is available every year on the NHS to help protect adults and children at risk from flu and it's complications.

The flu vaccination is offered to our patients who fall in any of the below risk categories:

- adults 65 and over
- people with certain medical conditions (incl children in at-risk groups from 6 months of age)
 - pregnant women
- people living with someone who's at high risk from coronavirus (NHS shielded patient list)
 - children aged 2 and 3 on 31 August 2020
 - children in primary school
 - children in year 7 (secondary school)
- frontline health/ social care workers or carers.

Later in the year, the flu vaccine may be given to people aged 50 to 64. More information will be available later in the autumn.

DO NOT DELAY IN HAVING YOUR FLU VACCINATION.

Please ring the surgery if you would like to have the vaccination and you are not in the above risk groups/ have not had one before.

Volume 1, Issue 2
01 September 2020
Autumn Issue

Special points of interest:

- *COVID-19*
- *Flu Clinics*
- *Extended Access*
- *e-Consult Service*

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Parkside Medical Practice

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We are on the web!!
<http://www.parksidemedicalpractice-bradford.nhs.uk/index.aspx>

Extended Access

From the 1st September 2020 extended access will be increasing the number of telephone GP clinics available to you Monday-Friday 6:30pm-9:30pm. Currently there are 3 telephone GP clinics Monday-Thursday and 4 telephone GP clinics on Friday. From 01/09/2020 there will be 4 telephone GP clinics Monday-Thursday and 5 telephone GP clinics on a Friday.

This is reviewed weekly and increased when needed to meet the demand of GP practices.

All GP appointments are currently telephone/video only and will only be face to face should the clinician decide. If this is due to change in the future you will be informed with plenty of notice.

These services are available to all of our patients and can be booked once you speak to a member of our admin team. This service helps cater to patients who work and are unavailable during normal GP times however it has to be pre-booked.

e-Consult Service

The e-Consult service enables our practice to offer online consultations to our patients. This allows you to submit your symptoms or requests to the GP electronically and offers around the clock NHS self-help information, signposting to services, and a symptom checker.

This is checked by the admin staff regularly to ensure all our patients can resolve their e-Consult request as soon as possible.

This is a service which will help patients as it is online rather than over the phone and you can access admin or clinical services promptly. Please log on to our website to access this service.

Additional Services we hold within the practice:

Minor Surgery and Joint Injections- Doctors within this surgery are able to provide Joint Injections however this can only occur when requested by a clinician and only when required. If this is required the admin team will arrange an appointment with you and inform you of available appointment times. Most appointments for these injections will be accessed through the back door of the surgery to minimise spread of infection during the Coronavirus pandemic.

Vaccinations- Please note we carry out routine vaccination appointments for all of our patients this includes the MMR vaccination

	Opening and Closing Times
Monday	8.00am - 6.00pm
Tuesday	8.00am - 6.00pm
Wednesday	8.00am - 6.00pm
Thursday	8.00am - 6.00pm
Friday	8.00am - 6.00pm

Winter Newsletter

The Winter Newsletter will be issued in January 2021.

Please let us know if there is any information you would find useful or if you would like to know more about our services.